



TREKKING OVER THE  
HAMPTA PASS - SUMMER  
ADVENTURES IN INDIA





## TREKKING OVER THE HAMPTA PASS - SUMMER ADVENTURES IN INDIA

This challenging trek takes us from the lush Kullu Valley over the Hampta Pass and into the Lahaul Valley. An exciting summer trek in the Indian Himalaya, Manali is our start point, taking us into some of the most beautiful and unvisited parts of the high Himalaya. The trek culminates in a visit to Chandra Tal (The Lake of the Moon) for spectacular scenery and photography opportunities. Read on to find out more....





## INTRODUCTION

This adventure will begin with us landing in Delhi, India's Capital. We'll meet up with our ground staff at the airport, who will help us to our hotel in the city. Tonight we'll have time to check out this huge metropolis, remembering that in the morning we'll be going to somewhere absolutely different!

Our adventure begins early on day 2 with a short domestic flight to Kullu Bhuntar Airport. From here we'll take a 90 minute car ride to reach Manali. Manali is a stunning and very famous Himalayan town, and it signals that we have arrived at the start point of our adventure. We'll have a quick breakfast and be on our way to begin our trek.

The next 6 days will see us trekking through so stunning scenery, edging higher and higher into the mountains each day, until we reach the Hampta Pass at 4,268m. The Pass day is long and challenging, but the views we afford at the pass are well worth the effort! On the other side we'll enter the Lahaul Valley, where the incredible Chandra Tal awaits us!

At the end of the trek we'll have time to explore Manali, before heading back to Delhi and on to home. An incredible wilderness camping trek comes to an end!

Read on for the full details....





# THE ITINERARY





### **Day 1: Arrival in New Delhi**

We'll arrive in Delhi and will be met by our ground staff at the airport, who will accompany us to our hotel. We'll have the evening to get our gear checked to make sure we are well prepared for the adventure ahead of us, and if we have time we'll go and explore some of the Capital. An early night will put us into a good position for our early morning flight to Kullu.

### **DAY 2: Flight to Kullu and on to Manali before beginning our trek to Chikka (2,960m)**

An early will get us to Kullu, followed by a 90 minute car to Manali! It's amazing how soon we have left behind the Capital and replaced it with the Himalaya. After breakfast in Manali we'll drive via Jagatsukh to the far end of the road constructed by the hydro- electric project to Khanool. Here on we hike up the valley to our campsite at Chikka (2960m). The meadow of Chikka is home to a temple of the Nag Devta and acts as a refuge to skiers and snow-shoe hikers in winter. Dinner and overnight at camp.

### **DAY 3: Trek to Bhalu ka Gera**

Our trail today continues up the valley for approximately 4-5hrs. Our trail will be flanked on one side by high rock cliffs and the raging Rani Nala on the other, which we will have to cross. Our campsite for the evening, Bhalu ka Gera, is an open flatland formed by silt and sand depositions from the river. Dinner and overnight at camp.





#### **DAY 4: Trek to Shea Goru via Hampta Pass (4,268m)**

The actual 'Pass day' is always the longest on any trek. We'll make an early start today. After walking up the first real steep incline on the hike, you'll arrive at a meadow and be greeted by the spectacular Mt. Deo Tibba (6,001m) right in front of you. From here, we continue climbing up the ridge to the top of Hampta Pass, a snowbound area at 4,268m. Atop the pass

you'll have a spectacular view of the peaks in Lahaul, especially the cluster in Kulti valley and the Chandrabhaga peaks. After a quick photo session and a bite of our packed lunch, we'll start walking down the other side. This descent is steeper than the ascent you just made, and will be initially on snow. Once we make it to the base of the pass, we'll continue on the flats till we come to Shea Goru, our campsite for the night.

#### **DAY 5: Trek to Chhatru, drive to Chandra Tal**

Today you walk through open meadows down to the road head at Chhatru. While descending, we'll traverse some landslide area above the Chandra river and continue till we come to our campsite at Chhatru for the night.

#### **DAY 6: Day Trip to Chandra Tal**

After breakfast this morning, we'll load up in the taxis and drive to Batal, from here you'll hike for 8 kms to visit Chandertal. On the way the cars will be waiting for you at the road head to drive you back to our campsite at Chhatru.





### **DAY 7: Chhatru to Manali**

This morning, you will be driven 80 kms to Manali. On arrival in Manali you will check into your hotel, and will have the rest of the day at leisure.

### **DAY 8: Manali to Delhi via plane**

We'll retrace our steps today, back on the plane to Delhi where we'll have the day to explore before a good night's sleep at the hotel.

### **Day 9: Head home at your leisure**

Today is yours to discover Delhi before catching your flight home. What a pleasure it's been to guide you in this beautiful place!









WHAT TO EXPECT





**Food** - In the city and when we stay in hotels, food will be varied and choices will be available. On the trek, as we are camping, food will be mostly vegetarian, due to the difficulty in transporting meat, but we will serve meat when possible. The menu will change daily, serving Indian, Continental and Chinese food. It is clean and full of energy, which is essential to a successful trek.

**Accommodation** - In Delhi we'll be in a well-run, clean hotel, with en-suite bathrooms, in-room TVs, 24 hour hot water and power and laundry facilities. Rooms will be on a twin-share basis. In the mountains we will be staying in tents, also on a twin-share basis. A dining tent will be set up in every camp, which is where we will tend to congregate each night. In Loharkhet and Kathgodam we'll be in local guest houses, which are basic but clean.

**Gear** - We will provide all participants with a full kit list that is provided at the end of this document. This is a highly recommended list of important items that will make your journey with us comfortable, as well as safe. Please refer to the list for full details.

**Trekking Assistance** - we will be accompanied by a full complement of porters who will be helping us with our excess luggage. Trekking days will see us carrying our day packs, with water, food and water-proofs in them. We will also be guided by a head local guide and accompanied by a cook, who will be in charge of keeping us well-fueled.





## INCLUSIONS

- All the necessary trekking permits
- All Accommodation
- All domestic transportation
- All meals during the trek
- Full-qualified guide
- Porters to carry group personal equipment during the trek
- Cook to handle meals on the trek

## EXCLUSIONS

- International flights to and from New Delhi
- Meals in Delhi, Kathgodam and Loharkhet (allow USD 10-15 per meal)
- Carbonated and alcoholic drinks
- Items of a personal nature such as phone calls, laundry, etc.
- Tips
- Travel and medical Insurance (covering rescues)
- Rescue and early departure from the trek
- Personal gear



# PRICE AND OPTIONAL EXTRAS







Price - The price for the whole adventure discussed so far comes to:  
**5,495 AED per person. Please ask for single supplement charges.**

Please contact us at [info@mountainquests.com](mailto:info@mountainquests.com) or at  
+971 4 368 2687 / +971 50 644 9130 for more information, or to book.  
[www.mountainquests.com](http://www.mountainquests.com)





# MOUNTAIN QUESTS

## ABOUT MOUNTAIN QUESTS

Based on the philosophy of 'Live, Don't Exist', Mountain Quests was set up in April, 2011 by Matt Farr whose passion for mountain climbing led him to Nepal on a regular basis to conquer the majestic peaks of the Himalayas. After years of successfully putting his climbing skills to the test all over the world, including a two week adventure in the Alps climbing seven mountains in 12 days, Mountain Quests was born.

With offices in both Dubai in the United Arab Emirates and Kathmandu in Nepal, Mountain Quests is in full control of its operations, logistics, safety and security to offer clients options of both tailor-made trips and pre-arranged itineraries.

The essence of every trip is a culturally rich and diverse travel experience that will appeal to people seeking a unique adventure or looking to push physical and emotional boundaries.

The types of trip vary to accommodate different abilities and include hiking, trekking, expeditions, mountain biking as well as extreme pursuits including survival trips and adventure sports such as bungee jumping and paragliding. The core destination of Nepal make up the portfolio with the addition of Northern India planned towards the end of 2014.